



The Reset Whole Body Health System Promotes 3 components to full Health- Mind, Fuel & Move. We have integrated all of these under 1 roof to get you the health you deserve!

- Enjoy our Services!
- Therapeutic Massage
- Chiropractic Care
- Nutritional Services
- Fitness Training

Call 515-221-0883 to schedule at any of our 4 convenient locations!

Mention State Discount and get your first 1 hr Massage for *only* \$30.

Also receive 10% off membership for your State Employee discount!

RESET SERVICES

How will you RESET your body, your health, your life?



DROP-IN PRICING

Anytime you need a Reset, head in for these affordable services

| | |
|-----------------------------|-------------|
| RESET ADJUSTMENT | \$25 |
| REJUVENATING MASSAGE | \$65 |

REPAIR PACKAGES:

| | |
|----------------------------|-------------------------------|
| 4 RESET ADJUSTMENTS | \$69 <i>SAVE \$31</i> |
| 8 RESET ADJUSTMENTS | \$119 <i>SAVE \$81</i> |

MEMBERSHIP PRICING

FLEX PRICING

Short-Term Care—Help with symptoms and cancel whenever you want

STAY & SAVE

Lifestyle Care—12-month commitment to wellness with deeper monthly discounts

| | FLEX PRICING | LIFESTYLE | | |
|---|--------------|-------------|--|--------------|
| 2 ADJUSTMENTS /MONTH | \$55 | \$35 | *ADDITIONAL ADJUSTMENTS \$19, MASSAGES \$35 FOR BOTH PLANS | |
| 4 ADJUSTMENTS /MONTH | \$69 | \$49 | | |
| 1 MASSAGE /MONTH | \$59 | \$49 | | |
| 2 ADJUSTMENTS +1 MASSAGE /MONTH | \$89 | \$69 | | MOST POPULAR |
| 4 ADJUSTMENTS +2 MASSAGES /MONTH | \$149 | \$99 | | BEST VALUE |

RESET together and save: Family discount is 10% off any plan. Ask the RESET staff for details. Ask us about our other services.