



AQUATICS & WELLNESS



OUR MISSION

We believe we will transform our communities by creating a safe and engaging atmosphere that energizes everyone to achieve all dimensions of wellness.

LOCATION

Trail Point Aquatics & Wellness
2006 S. Ankeny, Blvd., Bldg. 5
Ankeny, IA 50023
Phone: 515-965-6000

HOURS OF OPERATION

Monday – Friday 5:00am – 10:00pm
Saturday 7:00am – 6:00pm
Sunday 8:00am – 6:00pm

KIDS ZONE HOURS

Monday – Friday (Day) 8:00am – 1:00pm
Monday – Friday (Evening) 4:00pm – 8:00pm
Saturday 8:00am – 1:00pm
Sunday 9:00am – 1:00pm

POOL HOURS

Monday – Thursday 5:00am – 8:00pm
Friday 5:00am – 7:00pm
Saturday 7:00am – 5:30pm
Sunday 8:00am – 5:30pm

*See schedule for class and lap swim availability

HOLIDAY HOURS

New Year's Day 8:00am – 2:00pm
Easter Closed
Memorial Day Normal Opening – 1:00pm
Independence Day Normal Opening – 1:00pm
Labor Day Normal Opening – 1:00pm
Thanksgiving Closed
Christmas Eve Normal Opening – 1:00pm
Christmas Day Closed

FACILITY FEATURES:

- Voted BEST Fitness Center –2018 & 2017 Ankeny Press Citizen
- 97,000 square foot, two story facility
- 8-lane competition swimming pool
- Zero-entry leisure pool with extra lap lanes
- Swim lesson academy
- Two group fitness rooms and one cycling studio
- State-of-the-art fitness equipment
- Free fitness consultation
- Personal training
- Youth programs
- Three racquetball courts
- A 10th of a mile elevated track
- Two full-sized basketball courts
- Kids Zone available with family membership

OUR STAFF

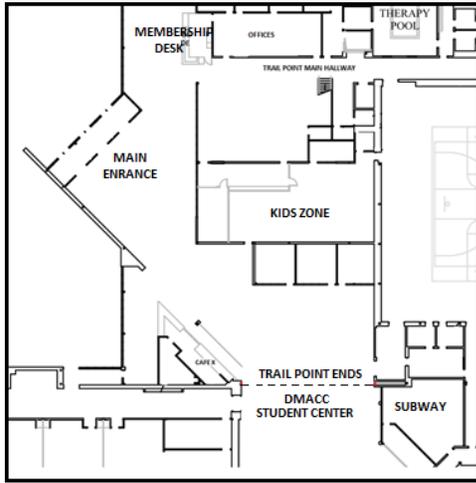
Director Bill Blunck	wmblunck@mytrailpoint.com 515-964-6685
Director of Aquatics Molly Charley	mjcharley@mytrailpoint.com 515-289-9548
Health & Wellness Tanna Bonanno	tsbonanno@mytrailpoint.com 515-289-9547
Children & Family Services Amanda Magie	ajmagie@mytrailpoint.com 515-289-9538
Membership Shelby Spiker	sspiker@mytrailpoint.com 515-289-9546
Campus Recreation Andy Nelson	arnelson@dmacc.edu 515-964-6539

ONLINE & MOBILE APP

Web Site: mytrailpoint.com
Mobile App: Search mytrailpoint
f Facebook.com/mytrailpoint
Instagram.com/mytrailpoint/
Twitter.com/MyTrailPoint

TRAIL POINT/DMACC BOUNDARY RULES AND AGE GUIDELINES

TRAIL POINT/DMACC BOUNDARY RULES AND AGE GUIDELINES



- Members under the age of 18 are restricted to Trail Point Aquatics & Wellness unless with a Parent/Guardian.
- Minors ages 13-17 may utilize vendors, but must return to seating area in front of Trail Point once receiving food/vending item.
- Access to DMACC Student Center is limited to food vendors when they are open.
- Ages 3 months-8 years must be checked into Kids Zone while parent/guardian is using the facility or supervised by parent/guardian or 16+ year old sibling.
- Ages 9-12 can use exercise equipment (upon completing FitPass Orientation) as long as their parent/guardian is with them at all times. This includes the running track.
- Ages 9-12 can be without parental supervision in the lobby/lounge area, racquetball & basketball gym (first floor) area, and pool (after passing the swim test) as long as parent/guardian is in the building.
- Ages 12+ can attend group fitness classes.
- Ages 13+ can utilize the facility without a parent/guardian present.
- Ages 13+ can use any exercise equipment (second floor) without adult supervision.
- Ages 16+ can sponsor a guest. (See policy below)
- Ages 16+ can supervise siblings ages 3 months-15 years

GUESTS

Members (16+) are welcome to bring unlimited number of guests (one guest or one guest-family at the time). Each guest can visit up to three (3) times per 12-month period.

MEMBERSHIP FREEZE

Drafts can be placed on freeze one time for a maximum of three consecutive calendar months per year. **Ten** days written notice is required to process a freeze. The membership will be on freeze for the months requested and use of the facility is prohibited during that time. A freeze will begin and end on your draft date. Regular membership dues will automatically resume drafting after the Freeze. Pre-paid membership are not eligible to be placed on a freeze.

MEMBERSHIP CANCELLATION

You may cancel your month-to-month membership at any time by providing a 30-day in-person, written notice to Trail Point Aquatics & Wellness. Memberships are pre-paid for the entire month and partial month refunds will not be issued. Paid in full memberships cannot be refunded, cannot be placed on hold and cannot be terminated prior to expiration date.

POOL SAFETY

- Children must be at least three months old to be in the pool.
- Ages 3 months – 4 years must have an adult in the water.
- Ages 5-8 years must have adult supervision in the pool area. If the child has not passed the 25-yard swim test, parent/guardian should be within 10 feet of the child(ren) at all times.
- Ages 9 years are allowed in the pool area without adult supervision as long as they have passed the 25-yard swim test. Swim test pass results are recorded and the child will receive a bracelet/band each day showing that they have passed.
- For the safety of all our members, we do not allow more than three children per one adult at a time.