

Corporate Wellness Program Membership

As a corporate wellness program member, your company will receive:

- **10% OFF** the basic membership fee
- **ADDITIONAL 5% OFF** if your company allows payroll deduction

Basic Membership

Adult	\$480
Youth	\$240
College	\$300
Senior	\$240
Household	\$720

Payment must be made in full to receive annual rates. Free group fitness classes. Discount on specialty classes.

Club Locker Room

	Annual	Monthly
Adult	\$240	\$20
Senior	\$240	\$20
Household	\$420	\$35

Continuous Membership

	Annual	Monthly
Adult	\$492	\$41
Youth	\$252	\$21
College	\$312	\$26
Senior	\$252	\$21
Household	\$744	\$62

Monthly payments through automatic bank draft. FREE group fitness classes. Discount on specialty classes.

Reserved for club members only, the Club Locker Room has a first-class look and feel, along with more privacy and more space.

Business is a sport.

Be on top of your game. Become a part of the Cedar Valley SportsPlex corporate wellness program. **Call today for a FREE corporate wellness program analysis.**

Hours

Mon - Fri	5:30 AM - 10 PM
Saturday	8 AM - 8 PM
Sunday	12 PM - 8 PM

(Subject to change)

About

The Cedar Valley SportsPlex is open to the public and operated by the City of Waterloo's Leisure Services Department.



Where active lifestyles take shape

300 Jefferson Street
Waterloo, IA 50701

319-291-4370
www.CVSportsPlex.org

Be more
competitive



Cedar Valley SportsPlex
Corporate Wellness Program



You strive to make your company more competitive each day.

Yet, skyrocketing healthcare costs stand in your way. So do employee absenteeism, disability and presenteeism.



A corporate wellness program with the Cedar Valley SportsPlex will help you:

- **Control rising healthcare costs** – A Harvard study showed that healthcare costs fell by \$3.27 for every \$1.00 invested in employee wellness programs.
- **Increase productivity** – Healthier employees are less likely to call in sick or affect the productivity of other employees.
- **Create a healthy company culture** – Company wellness programs boost employee morale, encourage loyalty and aid in employee recruitment.



As the area's only full-service sports facility, the Cedar Valley SportsPlex is the best place for a corporate wellness program.



CEDAR VALLEY SPORTSPLEX

Where active lifestyles take shape

It's bigger, better and beyond anything available in the Cedar Valley, featuring everything under one roof.

Fitness

- 60+ pieces of state-of-the-art cardio equipment
- 15 deluxe weight machines for circuit training
- Dedicated area for free weights
- Elevated, cushioned running/walking track

Amenities

- Gymnasium for basketball and volleyball
- 30,000-square-foot field house for soccer, flag football and batting cages
- Leisure pool
- Leisure pool party rooms
- Free child care for members
- Public, family and member locker rooms
- Boardroom
- Versatile multipurpose rooms
- Indoor and outdoor playgrounds

Services

- Wide variety of fitness classes and class times
- Personal training for all fitness levels
- Organized sports activities for youth and adults

You can't afford NOT to do it.

When you consider the impact it will have on your bottom line, you can't afford NOT to do it. Compare the corporate wellness program at the Cedar Valley SportsPlex with other options and you'll see just how affordable the program is.

