



Where You Can Exercise Around Your Schedule,  
Not Ours....

[Altoona](#) [Ankeny](#) [Indianola](#) [Johnston](#) [Marshalltown](#) [Norwalk](#) [Urbandale](#) [West Des Moines](#)

**Anytime Fitness** is the premier 24 hour co-ed health and fitness club. Our clubs are outfitted with state-of-the-art fitness equipment, including cardio theater, tanning, personal training, and much more!

**The Anytime Fitness Promise to our Members:**

- Convenient Hours & Locations: You can rely on our 24/7 availability and our membership reciprocity program that allows access to any of our clubs, anywhere.
- Superior Service: We will clearly post our staffed service hours so you can have access to a service professional during those hours. You can rely on receiving a response to your needs within 24 hours.
- Inviting Atmosphere: We will offer a welcoming and clean environment to everyone, regardless of his or her fitness level or ability.
- State-of-the-Art Equipment: We will supply the highest quality fitness equipment, and maintain the operation of that equipment.
- Passion for Excellence: We will continually strive to improve your experience, and we will demonstrate our excitement and enthusiasm for what we do. We want to provide you with the best possible experience every time you enter our club.

## 10 REASONS YOU WILL LOVE ANYTIME FITNESS

1. Access 24 Hours a Day
2. Adult Only\*
3. Friendly Staff
4. Best Equipment Available
5. TV's on All Cardio Equipment\*
6. Full-Time Certified Personal Trainers
7. Rates Locked for Life Guarantee
8. State of the Art Security System
9. Non-Intimidating Atmosphere.
10. Salon Quality Tanning Beds\*

\* Not available at all clubs



**Anytime Fitness would like to offer all State Employees NO Enrollment Fee!**

\*Additional discounts may be available—see location nearest you.

Please visit [www.anytimefitness.com](http://www.anytimefitness.com) to find the club closest to you!!