

EMPLOYEE
ASSISTANCE
PROGRAM
MAR. 2018

STAYING ON

TRACK



Budgeting and personal finances

Budgeting can help you plan for short-term goals like dinner at a nice restaurant or longer-term ones like a vacation or buying a home. The best feature of any budget is the peace of mind it can provide you. Your Employee Assistance Program is available 24/7 with information on budgeting and ways to stay on track.

ONLINE SEMINAR

Your Routine Financial Check-up

Examine your finances from a variety of perspectives, and review and prioritize all of your debts as you explore your assets.

Visit your home page starting Mar. 20th:

WEBSITE: www.EAPHelpLink.com

COMPANY CODE: IOWA

TOLL-FREE: 800-833-3031

Available anytime, any day, your Employee Assistance Program is a free, confidential program to help you balance your work, family, and personal life.

