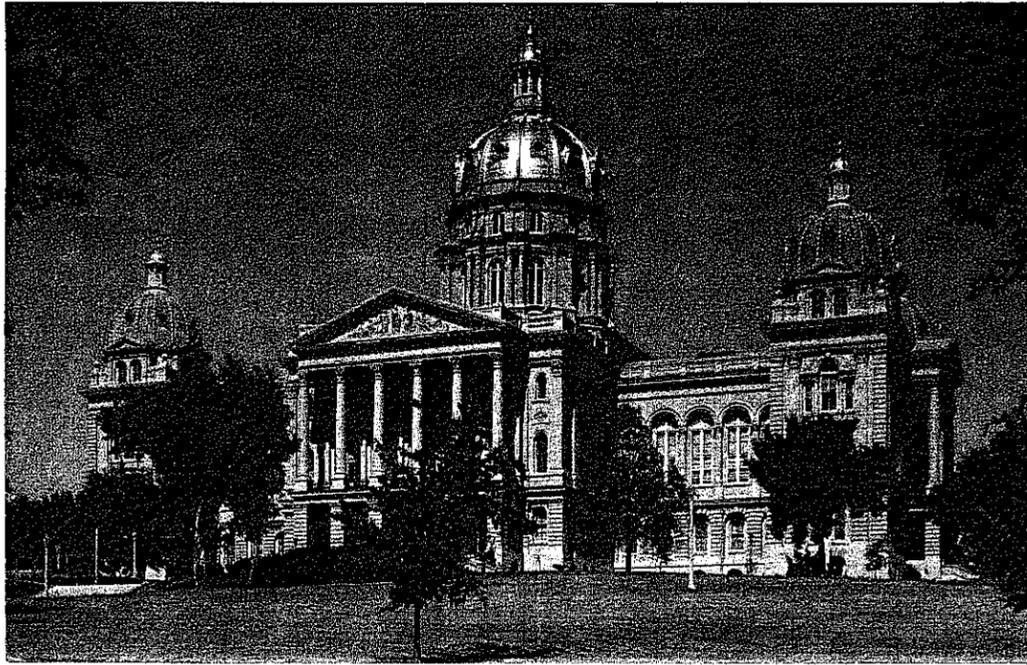
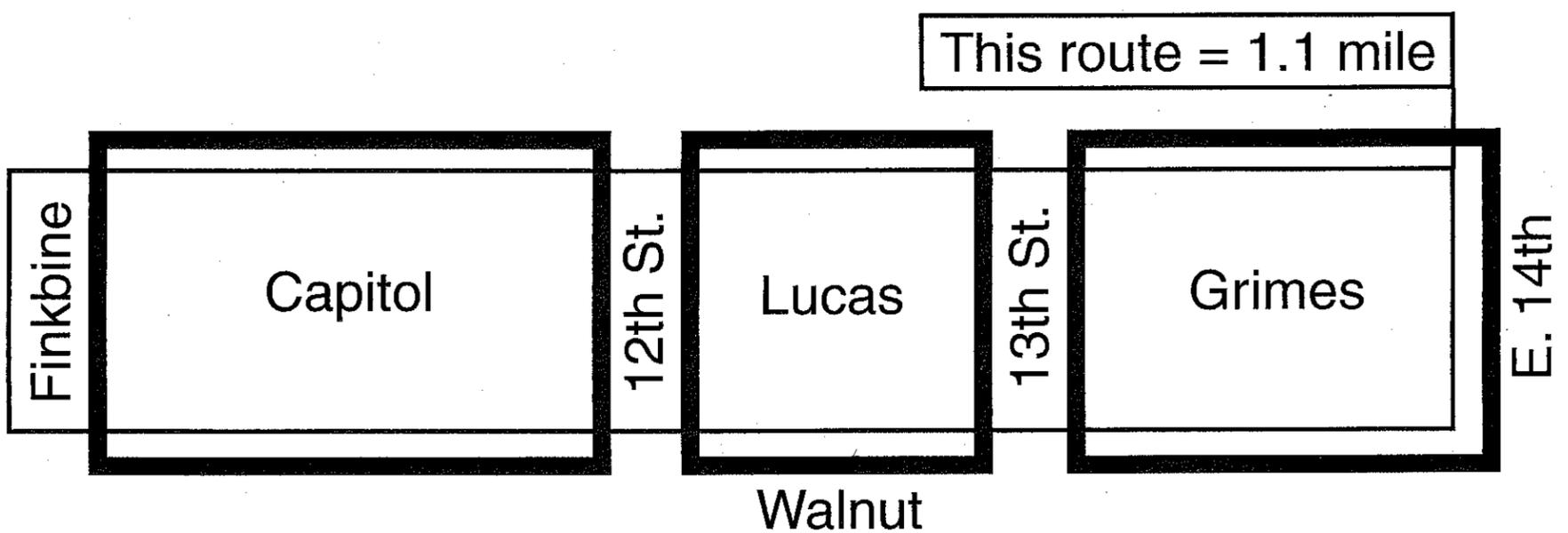


Walking...A Capitol Idea!



Walking these 3 blocks adds up to a mile of physical activity and better health.



Distances around blocks

Capitol Block	<u>.7 mile</u>
Grimes Block	<u>.6 mile</u>
Hoover Block	<u>.5 mile</u>
Lucas Block	<u>.4 mile</u>
Wallace Block	<u>.4 mile</u>