



Healthy Living Solutions for Women®

5460 Merle Hay Rd, Suite G-2

Johnston, IA 50131

515-331-1300

(2 blocks North of I-80)

www.butterflylife.com

Experience the Difference!

The Ultimate Concept in Women’s 30 Minute Workout and Weight Loss Programs

Butterfly Life Offers Everything Under One Roof!

- **50 FREE Group Exercise Classes a Week***
 - Dance
 - Cardio Kick box
 - Step
 - Low Impact
 - Stretch & Sculpt
 - Pilates
 - Yoga
- **30-Minute circuit – cardio and strength weight equipment designed for women.**
 - **Coaching on weight loss, nutrition and exercise.**
 - **Motivation**



State Employees Rates*

Enrollment Fee ½ off	\$49.50 (regular \$99.00)
Onetime Processing Fee	\$29.50 (regular \$69.00)
12 month contract Monthly Fee	\$34.00 (regular \$39.00)
12 month contract Monthly Fee Daughter	\$25.00 (regular \$29.00)
Month to Month Enrollment Fee	\$59.00 (regular \$99.00)
Onetime Processing Fee	\$49.00 (regular \$69.00)
Monthly Fee	\$44.00 (regular \$49.00)

**All presentations and experts appear through exclusive Life Vision format. 50 Free classes come with membership. Cannot be combined with any other offer(s). Offer may expire without notice. See club for details.*