



Year	Regular Lesser of 100% of compensation* or:	Age 50+** Regular limit + \$6,000 for employees age 50+	3-Year Catch-Up (must qualify) Regular limit plus missed contributions up to:
2019	\$ 19,000	\$ 25,000	\$ 38,000
2018	\$ 18,500	\$ 24,500	\$ 37,000

* Compensation is your gross salary minus your retirement (IPERS, POR, and Judicial) deductions. The amount you contribute may be reduced by deductions for FICA, insurances, flexible spending accounts, auto use maintenance, and assignments.

** Participants are not able to use the 50+ limit and the 3-Year Catch-Up limit at the same time.

*** Participants within 3 years of normal retirement may qualify to contribute more than the regular limit under the program's [3-Year Catch-up Provision](#).