

No Year is a Good Year to Get the Flu



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"No year is a good year to get the flu, but this year — with COVID-19 also raging — it's especially bad," says Mark Thompson, an epidemiologist in the Influenza Division at the Centers for Disease Control and Prevention (CDC).*

With COVID-19, getting a flu vaccine will be more important than ever. CDC recommends all people six months and older get a yearly flu vaccine.

Flu shots for the flu season beginning in October and peaking between December and February, will be in stock by early September. Because of changes brought by COVID-19, however, now is the time to start thinking about when, how, and where you will get immunized against the flu this year.



The State's health plan will cover the flu shot with no cost-sharing by you. Contact your health care provider if you have questions.

* NPR "2020 Flu Shot Strategy: Get Yours Early In The Season", August 4, 2020
