

## Virtual Doctor Visits Available With Wellmark's Doctor on Demand™



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The Centers for Disease Control and Prevention (CDC) says the best way to prevent coronavirus (COVID-19) is to avoid being exposed in the first place. To help reduce the risk of exposure in a clinic or doctor's office waiting room, the CDC recommends using video visits with a health care provider instead.

You can visit a doctor from just about anywhere with your smartphone or tablet with Doctor on Demand™. With Doctor on Demand, you can video chat with a doctor online and get treatment and prescriptions for the most common medical conditions - all from the comfort of home. Using Doctor on Demand is easy and available 24 hours a day, seven days a week, 365 days a year.

Convenience isn't the only advantage of Doctor on Demand. It is also affordable. The co-pay for a visit with Doctor on Demand is \$10 for most State of Iowa employees.

It's easy to sign up and download the free app at [DoctorOnDemand.com](https://www.doctorondemand.com).

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