

## Enjoy Summer at the Capitol Complex



If you work at or visit the Capitol Complex during the summer months this year, you may want to take advantage of the following activities:

### Farmers Market

Enjoy Iowa's bountiful harvest at the Farmers Market every Tuesday, starting June 18, from 11:00 a.m. to 1:00 p.m., on E. 13th St. between E. Walnut and E. Grand.

The market makes fresh produce and other foods readily available to State employees, visitors, and surrounding neighborhoods and is a cooperative effort among the Department of Administrative Services, the Iowa Department of Public Health, and the Iowa Department of Agriculture and Land Stewardship.

Visit <https://das.iowa.gov/general-services/capitol-complex-farmers-market> for more information.

### Capitol Complex Walking Path Events

Lace up your athletic shoes and join friends and co-workers for the monthly Capitol Complex Walking Events the **third Tuesday of each month** starting at 11:30 a.m.

Meet at the walking path sign closest to your State building and choose a route outlined on the sign. These walks provide the perfect opportunity to tour various monuments on the grounds, take a swing through the Farmers Market, or catch lunch at one of the food truck vendors. More information is available at <https://das.iowa.gov/general-services/capitol-complex-walking-paths>.



### Food Trucks

You know it's summer when the mobile food truck vendors come to parking lot 15, north of the Lucas Building, Monday through Friday. For more information, including times and vendors, please visit <https://das.iowa.gov/general-services/capitol-complex-mobile-food-trucks>.

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