

## Wellmark's Pregnancy Support Program



February 2019

Wellmark's Pregnancy Support program has moved online so it is now available when and where you need it. This means you have access to new, trusted online resources, like WebMD® Pregnancy Assistant, Count the Kicks®, and text4baby<sup>SM</sup>.

One-on-one support is still available for members experiencing a high-risk pregnancy, with access to the support of an advanced care nurse throughout the pregnancy journey. The Pregnancy Support program is available at no cost.

To access these resources, register or log into myWellmark® at [Wellmark.com](http://Wellmark.com) and go to the My Benefits tab.

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