

WHERE TO GET CARE

Know your condition and **SAVE!**

If you're sick or injured, choosing the right place to get care — based on your condition — can save you a lot of time and money. Here's where to go:

 <p>BeWell 24/7SM For health care answers</p> <ul style="list-style-type: none"> • Unsure where to go for care • Need to talk to a nurse • Questions about symptoms/meds 	 <p>PERSONAL DOCTOR For managing your health</p> <ul style="list-style-type: none"> • Non-life-threatening conditions • Annual physicals • Preventive care • Chronic condition care 	 <p>DOCTOR ON DEMANDTM or a WALK-IN CLINIC When your doctor's not available</p> <ul style="list-style-type: none"> • Cold and flu • Bad sore throat • Sports injury 	 <p>EMERGENCY ROOM For life-threatening emergencies</p> <ul style="list-style-type: none"> • Chest pain • Signs of stroke • Poisoning • Uncontrolled bleeding
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STILL NOT SURE? BeWell 24/7 can help. Free for Wellmark members, BeWell 24/7 can tell you where to go for care, answer questions about symptoms and medications and help you find doctors in your network.

CALL BEWELL 24/7, DAY OR NIGHT.

844-84-BEWELL 



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