

## 2023 MONTHLY COBRA RATES

<b>All Employees (except SPOC)</b>		
<b>Health</b>	<b>Single</b>	<b>Family</b>
Iowa Choice	\$814.98	\$1,911.48
National Choice	\$895.56	\$2,098.14
<b>Dental</b>		
Delta Dental	\$35.70	\$91.80
<b>SPOC-covered</b>		
<b>Alliance Select</b>		
Employee	\$690.86	
Employee & Child(ren)	\$1,307.79	
Employee & Spouse	\$1,414.87	
Family	\$2,120.23	
<b>Dental</b>	<b>Single</b>	<b>Family</b>
SPOC-covered	\$35.80	\$88.52