

## 2022 MONTHLY COBRA RATES

<b>All Employees (except SPOC)</b>		
<b>Health</b>	<b>Single</b>	<b>Family</b>
Iowa Choice	\$784.38	\$1,840.08
National Choice	\$861.90	\$2,005.32
<b>Dental</b>		
Delta Dental	\$34.68	\$89.76
<b>SPOC-covered</b>		
<b>Alliance Select</b>		
Employee	\$612.24	
Employee & Child(ren)	\$1,158.98	
Employee & Spouse	\$1,253.88	
Family	\$1,878.98	
<b>Dental</b>		
	<b>Single</b>	<b>Family</b>
SPOC-covered	\$36.72	\$90.78