

Dimensions of Behavior



Course Number:	MTS GI 312	Scheduled Sessions:	
Cost Per Person:	\$105/Participating Agency, \$210/Non-Participating		9/17/19
Eligibility:	Experienced Employees with 3+ years in the workforce		11/7/19
Instructor:	Ann Wright		1/23/20
Length:	4 hours (8:30 am – 12:30 pm)		4/14/20
Certificate Series:	Advanced Professional Development Certificate		
Location:	Des Moines, Hoover State Office Building, Level A		

Overview:

This workshop will help participants explore their behavior across the four DiSC dimensions and how they use those dimensions in situations. Each participant will complete a personal DiSC profile, which will help them understand their own behavior and how and when to adapt their behavior.

Analyzing the dimensions of behavior can improve communication, promote appreciation of differences, enhance individual and team performance, and reduce conflict.

Objectives:

Upon completion of the workshop participants will be able to

- Better understand their own behavior
- Understand the impact of the four behavioral styles in the workplace
- Improve communication skills
- Enhance individual and team performance