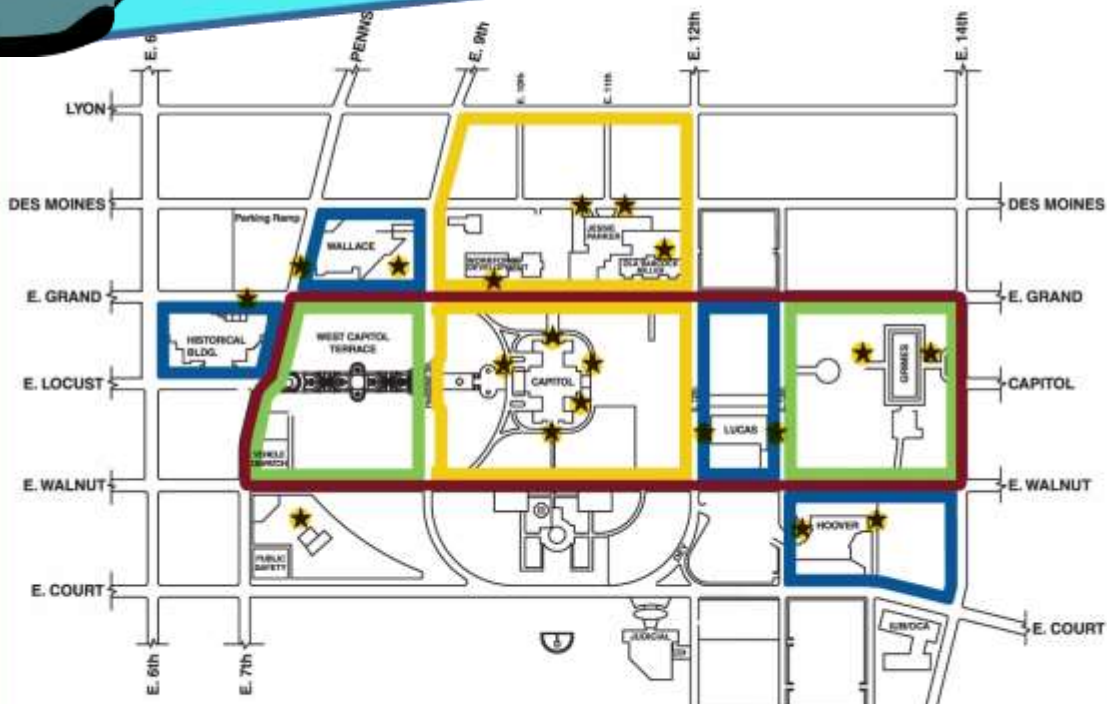


2019 Capitol Complex Walking Path Event Schedule



Monthly: **Every 3rd Tuesday, 11:30 a.m.-Noon**
 Enjoy fresh air and a brisk walk on the historic Capitol grounds!



2019 Capitol Complex Walking Path Event Schedule 3rd Tuesday of every month @11:30 a.m.-Noon

January 15	May 21	September 17
February 19	June 18	October 15
March 19	July 16	November 19
April 16	August 20	December 17

KEY	APPROXIMATE TIME	APPROXIMATE DISTANCE
	10 minutes	0.4 mi.
	12 minutes	0.6 mi.
	15 minutes	0.7 mi.
	30 minutes	1.4 mi.

WHERE: Meet your coworkers at the sign closest to your building (see ★ on map above) for a 30-minute walk along the red route or route of your choice.



For more information, visit WWW.DAS.IOWA.GOV.