



Employee Assistance Program (EAP) May 2026 Online Seminar



SMART MONEY MOVES: STRENGTHEN YOUR FINANCIAL KNOW HOW

SEMINAR DESCRIPTION:

In this seminar, you will learn how to build a mindset and skills to adapt, recover quickly, and thrive during transitions. We'll provide practical tips to improve budgeting, saving, and decision-making for a more confident financial future.

ALWAYS AVAILABLE, FREE, & CONFIDENTIAL

**Visit the website below
starting May 19**

WEBSITE: EAPHelplink.com

COMPANY CODE: IOWA

TOLL-FREE: 1.800.833.3031

