

**2026 RETIREE MONTHLY HEALTH DENTAL RATES (Not Medicare Eligible)**

	<b>Total Retiree Contribution</b>
<b>Iowa Choice</b>	
Single	\$900.00
Family	\$2,106.00
<b>National Choice</b>	
Single	\$988.00
Family	\$2,314.00

<b>Sick Leave Insurance Program (SLIP)</b>	<b>Total Premium</b>	<b>SLIP Contribution</b>	<b>SLIP Retiree Contribution</b>
<b>Iowa Choice</b>			
Single	\$900.00	\$836.00	<b>\$64.00</b>
Family before Medicare	\$2,106.00	\$1,896.00	<b>\$210.00</b>
<b>National Choice</b>			
Single	\$988.00	\$836.00	<b>\$152.00</b>
Family before Medicare	\$2,314.00	\$1,896.00	<b>\$418.00</b>

<b>Sick Leave Insurance Program (SLIP) with Medicare - Eligible Spouse</b>	<b>Total Premium</b>	<b>SLIP Contribution</b>	<b>SLIP Retiree Contribution</b>	<b>Iowa Group MedicareBlue RX</b>	<b>Total Retiree Contribution</b>
<b>Iowa Choice - Family</b>					
Spouse Enrolled in Group MedicareBlue RX	\$1,215.00	\$1,215.00	\$0.00	\$140.20	<b>\$140.20</b>
Spouse NOT Enrolled in Group MedicareBlue RX	\$2,112.00	\$1,896.00	\$216.00	-	<b>\$216.00</b>
<b>National Choice - Family</b>					
Spouse Enrolled in Group MedicareBlue RX	\$1,333.00	\$1,333.00	\$0.00	\$140.20	<b>\$140.20</b>
Spouse NOT Enrolled in Group MedicareBlue RX	\$2,324.00	\$1,896.00	\$428.00		<b>\$428.00</b>
<b>Delta Dental</b>	<b>Total Retiree Contribution</b>				
Single	<b>\$38.00</b>				
Family	<b>\$96.00</b>				