2026 RETIREE MONTHLY HEALTH DENTAL RATES

Medicare-Eligible	Total Premium	Iowa Group MedicareBlue Rx Premium	Total Retiree Contribtuion		
HEALTH					
Iowa Choice					
Single, Enrolled in Group MedicareBlue Rx	$479.00	$140.20	$619.20		
Single, NOT enrolled in Group MedicareBlue Rx	$996.00	$0.00	$996.00		
Family, One Spouse enrolled in Group MedicareBlue Rx	$1,215.00	$140.20	$1,355.20		
Family, Both Spouses enrolled in Group MedicareBlue Rx	$1,215.00	$280.40	$1,495.40		
NOT enrolled in Group MedicareBlue Rx	$2,112.00	$0.00	$2,112.00		
			$0.00		
National Choice			$0.00		
Single, Enrolled in Group MedicareBlue Rx	$527.00	$140.20	$667.20		
Single, NOT enrolled in Group MedicareBlue Rx	$1,097.00	$0.00	$1,097.00		
Family, One Spouse enrolled in Group MedicareBlue Rx	$1,333.00	$140.20	$1,473.20		
Family, Both Spouses enrolled in Group MedicareBlue Rx	$1,333.00	$280.40	$1,613.40		
NOT enrolled in Group MedicareBlue Rx	$2,324.00	$0.00	$2,324.00		

SLIP with Medicare-eligible Spouse	Total Premium	SLIP Contribution	SLIP Retiree Contribtuion	Iowa Group MedicareBlue Rx Premium	Total Retiree Contribution
HEALTH					
Iowa Choice-Family					
Spouse Enrolled in MedicareBlue Rx	$1,215.00	$1,215.00	$0.00	$140.20	$140.20
Spouse, NOT enrolled in Group MedicareBlue Rx	$2,112.00	$1,896.00	$216.00	$0.00	$216.00
National Choice - Family					
Spouse Enrolled in MedicareBlue Rx	$1,333.00	$1,333.00	$0.00	$140.20	$140.20
Spouse NOT enrolled in Group MedicareBlue Rx	$2,324.00	$1,896.00	$428.00	$0.00	$428.00

Group F & N	Total Premiums	Iowa Group MedicareBlue Rx Premium	Total Retiree Contribution		
Group Program F with Group MedicareBlue Rx *	$329.30	$140.20	**$469.50**		
Group Program F without Group MedicareBlue Rx	$329.30	--	**$329.30**		
Group Program N with Group MedicareBlue Rx *	$216.90	$140.20	**$357.10**		
Group Program N without Group MedicareBlue Rx	$216.90	--	**$216.90**		

**Optional – the retiree could elect an individual Medicare Part D plan*

2026 RETIREE MONTHLY HEALTH DENTAL RATES

SLIP	Total	SLIP Contribtion	SLIP Retiree Share		
Iowa Choice					
Single before Medicare	$900.00	$836.00	$64.00		
Family before Medicare	$2,106.00	$1,896.00	$210.00		
Family with Group MedicareBlue Rx - Iowa	$1,215.00	$1,215.00	$0.00		
Family without Group MedicareBlue Rx - Iowa	$2,112.00	$1,896.00	$216.00		
National Choice					
Single before Medicare	$988.00	$836.00	$152.00		
Family before Medicare	$2,314.00	$1,896.00	$418.00		
Family with Group MedicareBlue Rx - Iowa	$1,333.00	$1,333.00	$0.00		
Family without Group MedicareBlue Rx - Iowa	$2,324.00	$1,896.00	$428.00		
NOTE: Group MedicareBlue Rx - Iowa premium is an additional $140.20 per month per Medicare-eligible person					

Delta Dental	Total Retiree Contribution				
Single	$38.00				
Family	$96.00				