

STATE EMPLOYEES HEALTH AND RECREATION COMMITTEE HOSTS SCREENING TO DETECT YOUR RISK FOR STROKE!!



**Grimes Building Room B100
Thursday, September 25th, 2025
9:00AM - 4:30PM
400 E 14th St
Des Moines, IA 50319**

HSA/FSA, Cash, Check, Debit or Credit card are all accepted

**LIFE SAVING SCREENINGS FOR \$125; ADD AN EKG AND/OR
OSTEOPOROSIS SCREENING FOR JUST \$35 EACH**

"I had been quite dizzy, and after seeing your flyer I decided to give the screening a try. You found I had 99.9% blockage in my left Carotid Artery and 89% in the right. I was told by my doctor I was very lucky for I could have been gone. I have now had surgery on both sides and I am doing fine. I want to thank you for helping to save my life."

Albert Griffin - Indianola, IA

"I had surgery in April and am now feeling great! The tech had sent me directly to my doctor. I have a family history of strokes, but felt fine. I had no idea that I had 95% blockage in one of my Carotid Arteries. The staff was so nice and caring. I have been recommending you to my friends. Thank you very much for helping me avoid a deadly or disabling stroke!"

Larry Klyn - West Des Moines, IA

To make an appointment (required):

Call 515-244-3080

See reverse for a description of the screenings offered!



YOUR HEALTH IS OUR PRIORITY

ULTRASOUND

Package for \$125:

Carotid Artery

Visualizes the buildup of fatty blockage in the carotid arteries. This condition causes the majority of strokes.

Peripheral Artery Disease (ABI)

Checks for blockages in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral arterial disease

Abdominal Aortic Aneurysm (AAA)

Visualizes the existence of an aneurysm in the abdominal aorta, that can rupture and be fatal.

Add-ons for \$35 each:

Atrial Fibrillation (EKG)

Baseline EKG used to detect irregular heartbeat (a major risk factor for stroke). Performed by attaching EKG electrodes to wrists and ankles.

Osteoporosis Screening

Bone density scan will detect abnormal bone loss. Osteoporosis is a silent condition and many may not recognize weakening of density until a fracture occurs.

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