

Employee Assistance Program
Online Seminar



Clutter to Clarity: Organizational Skills for Better Living

Explore how mastering organizational skills can transform your daily life by boosting efficiency, reducing stress, and creating more mental space.

LET US HELP

Visit the website below starting April 15

WEBSITE: EAPHelplink.com

TOLL-FREE: 1.800.833.3031

COMPANY CODE: IOWA

APRIL 2025

ALWAYS AVAILABLE | FREE | CONFIDENTIAL