# Acentra



## Aging Parents, Renewed Connections

#### **ONLINE SEMINAR**

One of the most significant transformations we encounter is the aging of our parents. The transitions that come with this can be challenging, but they offer opportunities to deepen our relationships.

#### October 2024

### LET US HELP

#### Visit the website below starting October 15th

WEBSITE: www.EAPHelplink.com TOLL-FREE: 1.800.833.3031 COMPANY CODE: IOWA

YOUR EMPLOYEE ASSISTANCE PROGRAM