

# Best (Furry) Friends

## ONLINE SEMINAR

Explore the extraordinary connection we share with our animal companions. Connect with us to understand how pets can enhance your mental and emotional wellbeing.

**MARCH 2024**

## LET US HELP

Visit the website below starting March 19th

**WEBSITE:** [www.EAPHelplink.com](http://www.EAPHelplink.com)

**TOLL-FREE:** 1.800.833.3031

**COMPANY CODE:** IOWA