



**Department of
Administrative Services**

*Empowering People
Collaboration
Customer Service*

RETIREE ENROLLMENT AND CHANGE FOR 2024

OCTOBER 15 – DECEMBER 7, 2023

Enrollment and Change for 2024

This is an opportunity to:

- Change your health and/or dental plan
- Add family member(s)
- Remove family member(s)

Important Reminders:

- Applications must be postmarked by December 7, 2023
- Benefit elections are effective January 1, 2024

Important Note: If you are not making any changes you do not need to do anything, your current choices will roll over to 2024.



What we will cover

- Important Information
- Benefit Highlights
- Changes
- Retiree Options
- Premiums
- Resources





**Department of
Administrative Services**

*Empowering People
Collaboration
Customer Service*

IMPORTANT INFORMATION



Important Information

If you drop your State of Iowa health or dental plans there is no provision to rejoin the group.

If your spouse is covered under the State of Iowa's health or dental plans at the time of your death, your spouse can continue coverage.

You may remove a spouse or dependent at any time.



Important Information

- You can only enroll a family member during a qualified life event or annual Enrollment and Change.
- **If you are becoming Medicare eligible in 2024**, there is no need to do anything during enrollment and change. You will be sent a packet of information approximately three months prior to turning 65.
- **If you or any of your dependents become Medicare eligible when on retiree insurance**, you **MUST** enroll in Medicare Parts A and B and Medicare becomes the primary payer at the time of eligibility. If you do not enroll in Medicare Parts A or B, you will be responsible for the portion that Medicare would pay.



**Department of
Administrative Services**

*Empowering People
Collaboration
Customer Service*

BENEFIT OVERVIEW

2024 Overview

- Retiree Enrollment and Change October 15-December 7
- Retiree packets are expected to be in the hands of retirees by October 15
- There will be no on-site Retiree presentations this year. Instead, there will be six online question and answer sessions. Detailed information is available on the Retiree Enrollment & Change website (<https://das.iowa.gov/human-resources/employee-and-retiree-benefits/2024-retiree-enrollment-and-change-period>) and in the booklet sent to you.



**Department of
Administrative Services**

*Empowering People
Collaboration
Customer Service*

BENEFIT HIGHLIGHTS

2024 Benefits Highlights

All Retirees

No changes have been made to your dental plan for 2024, and your coverage will automatically roll over for 2024 if you don't want to make changes.

You do not need to complete a new application for 2024, UNLESS you want to:

- Change your current health plan
- Add eligible family members
- Remove eligible family members



**Department of
Administrative Services**

*Empowering People
Collaboration
Customer Service*

CHANGES

Changes

Iowa Choice / National Choice only

- Formulary Changing to Blue Rx Value Plus
- Retirees and covered members can research their current medications to determine coverage and tier on Blue Rx Value Plus Go to www.wellmark.com > Member Resources > Prescriptions & Drug Lists > Blue Rx Value Plus.
- Click on “Continue To New Site” and enter the name of the medication in the search field.

Changes

The screenshot shows the Wellmark website interface. At the top, there is a navigation bar with the Wellmark logo, a 'LOG IN / REGISTER' button, and a search icon. Below this is a large banner for 'TRANSITIONING OFF MEDICAID?' featuring a doctor and a patient. A 'FIND A PLAN' button is visible on the right side of the banner. Below the banner is a horizontal navigation menu with five items: 'Find Medicare Insurance Plans', 'Shop Individual & Family Plans', 'Member Resources', 'Compare Group Insurance Plans', and 'Producer Resources'. A 'FEEDBACK' button is located on the far right of this menu. Below the menu is a 'IN THE NEWS' section with a single news item. At the bottom, there are three columns of links: 'DO MORE', 'COMPANY', and 'ACCESSIBILITY AND NONDISCRIMINATION'. A white arrow points to the 'Member Resources' link in the 'DO MORE' column.

Health insurance plans in Iowa | X

wellmark.com

OCIO | Delta Dental of Iowa | DAS Intranet | Homepage | Works... | Wellmark Blue Cros... | Workday iowadot4... | Control Center : Vol... | Getting things done | Calculator: Add to... | Current Home - Wo... | Welcome to online... | Login to everything | All Bookmarks

MENU

Wellmark

LOG IN / REGISTER

SEARCH

TRANSITIONING OFF MEDICAID?

Wellmark has solutions to help.

FIND A PLAN

Find Medicare Insurance Plans

Shop Individual & Family Plans

Member Resources

Compare Group Insurance Plans

Producer Resources

FEEDBACK

IN THE NEWS: Bettendorf, Grundy Center, Hiawatha receive 2023 Healthy Hometown Powered by Wellmark Community Award

1 of 6

DO MORE

Find an Agent

Member Resources

Important Things to Know

Tax Information for Members

Machine-readable Files

Get Adobe Reader

COMPANY

Newsroom

Related Sites

About Us

Contact Us

Careers

ACCESSIBILITY AND NONDISCRIMINATION

Notice of Nondiscrimination | Español | 中文 | Tiếng Việt | Hrvatski | Deutsch | اللغة العربية | 한국어 | हिंदी | Français | Pennsylvaniaisch Deitsch | ལྷོ་གྲོ་གཟུགས་ | Tagalog | മലയാളം | Русский | नेपाली | አማርኛ | Nasarare

Afaan Oromo | Українська | Diné



Changes

The screenshot displays the Wellmark Member Resources website. The main heading is "MEMBER RESOURCES Get more from your plan." Below this, there are two columns of content:

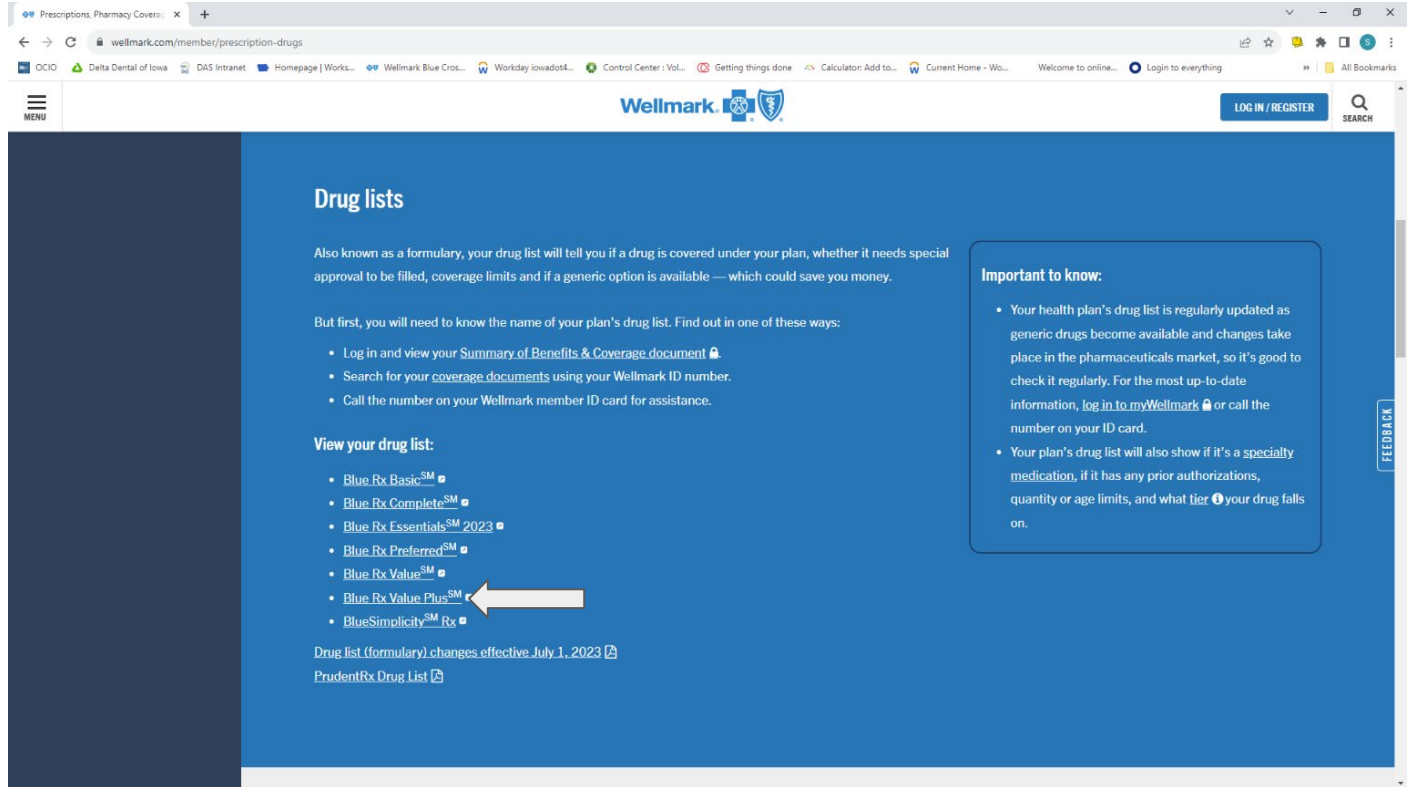
- Things to Know:** Includes icons and links for Coverage & Benefits, Prescription Drugs, and Health Insurance Basics. A white arrow points to the "LOOK UP" button under Prescription Drugs.
- Things to Do:** Includes icons and links for Get Care, Member Forms, and MyWellmark. Buttons for "FIND OPTIONS", "SEE FORMS", and "LOG IN" are visible.

The footer contains sections for "DO MORE", "COMPANY", and "ACCESSIBILITY AND NONDISCRIMINATION".

DO MORE	COMPANY	ACCESSIBILITY AND NONDISCRIMINATION
Find an Agent	Newsroom	Notice of Nondiscrimination Español 中文 Tiếng Việt Hrvatski Deutsch الله العربية മലയാളം 한국어
Member Resources	Related Sites ▾	हिंदी Français Pennsylvanisch Deitsch Ἑλληνικά Tagalog தமிழ் Русский नेपाली සිංහල Nasarrare
Important Things to Know	About Us	Afaan Oromoo Українська Diné
The Information for Members	Contact Us	



Changes



The screenshot shows a web browser window with the URL wellmark.com/member/prescription-drugs. The page title is "Prescriptions, Pharmacy Coverage". The Wellmark logo is at the top center, with a "LOG IN / REGISTER" button and a search icon to the right. A "MENU" icon is on the left. The main content area has a blue background and is titled "Drug lists".

Drug lists

Also known as a formulary, your drug list will tell you if a drug is covered under your plan, whether it needs special approval to be filled, coverage limits and if a generic option is available — which could save you money.

But first, you will need to know the name of your plan's drug list. Find out in one of these ways:

- Log in and view your [Summary of Benefits & Coverage document](#) 🔒
- Search for your [coverage documents](#) using your Wellmark ID number.
- Call the number on your Wellmark member ID card for assistance.

View your drug list:

- [Blue Rx BasicSM](#) 📄
- [Blue Rx CompleteSM](#) 📄
- [Blue Rx EssentialsSM 2023](#) 📄
- [Blue Rx PreferredSM](#) 📄
- [Blue Rx ValueSM](#) 📄
- [Blue Rx Value PlusSM](#) 📄 ←
- [BlueSimplicitySM Rx](#) 📄

[Drug list \(formulary\) changes effective July 1, 2023](#) 🔗

[PrudentRx Drug List](#) 🔗

Important to know:

- Your health plan's drug list is regularly updated as generic drugs become available and changes take place in the pharmaceuticals market, so it's good to check it regularly. For the most up-to-date information, [log in to myWellmark](#) 🔒 or call the number on your ID card.
- Your plan's drug list will also show if it's a [specialty medication](#), if it has any prior authorizations, quantity or age limits, and what tier 📄 your drug falls on.

FEEDBACK

Changes

The screenshot shows a web browser window with the URL `wellmark.com/member/prescription-drugs`. The page title is "PRESCRIPTIONS & DRUG LISTS". A modal dialog box is centered on the screen with the following text:

You are now leaving Wellmark.com

By selecting the continue button you will leave Wellmark's website and go to `wellmark.adaptvrx.com`, operated by Adaptive Rx. Adaptive Rx is an independent company providing pharmacy benefit services on behalf of Wellmark. Adaptive Rx is responsible for the content delivered on its website, including terms of use and privacy policies that govern the site.

Buttons: **CONTINUE TO NEW SITE** and **Cancel**. A **CLOSE** button is also present in the top right of the modal.

The background page content includes a sidebar with "PRESCRIPTIONS & DRUG LISTS" selected, and a main area with the heading "Know if you have pharmacy coverage" and a "VIEW YOUR PHARMACY COVERAGE" button. A vertical "FEEDBACK" button is visible on the right side of the page.

Changes

Wellmark

Blue Rx Value PlusSM

Welcome

We cover both brand name drugs and generic drugs. Generic drugs have the same active-ingredient formula as a brand name drug. Generic drugs usually cost less than brand name drugs and are rated by the Food and Drug Administration (FDA) to be as safe and effective as brand name drugs. Members may be required to pay more for a prescription when a brand name product is dispensed.

What is a Drug List?

A formulary drug list is a list of drugs covered under your pharmacy benefit and developed to serve as a guide for physicians, pharmacists, healthcare professionals and members in the selection of cost-effective drug therapy. The formulary does not define benefit coverage and limitations. Many members have specific benefit inclusions, exclusions, copayments or a lack of coverage, which are not reflected in the formulary. Members should contact their Plan Sponsor or Wellmark Customer Service at the number on the back of their ID card if they have questions regarding their coverage.

	Tier Designation		
	Tier 1	Tier 2	Tier 3
Blue Rx Value Plus 3 Tier	Tier 1	Tier 2	Tier 3
Blue Rx Value Plus 2 Tier	Tier 1	Tier 2 and Tier 3 combined	
Blue Rx Value Plus 1 Tier	Tier 1, Tier 2, and Tier 3 combined		

Printable Files Legend

TIERING

- T1 - TIER 1
- T2 - TIER 2
- T3 - TIER 3
- SP-NP - SPECIALTY NON-PREFERRED
- SP-PP - SPECIALTY PREFERRED
- P&T - NOT COVERED AWAITING P&T REVIEW
- NF - Non-Formulary
- PDME - PHARMACY DURABLE MEDICAL EQUIPMENT
- SR-M - SPECIALTY MEDICAL

EDITS

- QL - Quantity Limit
- AL - Age Limit
- S - Specialty Drug
- QLV - Quantity Limit (Varies)
- PA - Prior Authorization
- PA-QS - Post-Quantity Limit Prior Authorization
- PV - Preventive
- PA - Prior Authorization
- SBG - Specialty Biosimilars and Specialty Generics
- MAX-PA - Medically Necessary Prior Authorization

Brand Names generic names

Formulary Id: 2472 ver. 1
Last Updated: Oct 9, 2023

© 2021 Wellmark Inc. All rights reserved. Wellmark Blue Cross and Blue Shield of Iowa, Wellmark Health Plan of Iowa, Inc., and Wellmark Blue Cross and Blue Shield of South Dakota are independent licensees of the Blue Cross and Blue Shield Association. [PRIVACY & LEGAL](#)




Changes

Prescriptions, Pharmacy Covers... Blue Rx Value PlusSM My Apps Dashboard | State of Iowa - Sign In Top 50 Prescription Drugs and ...

wellmark.adaptiveivx.com/webSearch/index?key=8F02B26A288102C27BAC82D14C006C6FC54D480F80409B682A96D6A826A242AA

OCIO Delta Dental of Iowa DAS Intranet Homepage | Works... Wellmark Blue Cros... Workday Iowado4... Control Center - Vol... Getting things done Calculator: Add to... Current Home - Wo... Welcome to online... Login to everything All Bookmarks



Drug Name Search

Enter a drug name to begin

Atorvastatin

- ATORVASTATIN CALCIUM
- atorvastatin calcium
- atorvastatin calcium (bulk)
- atorvastatin calcium-coenzyme q10

Please select a therapy subclass to continue

A

ADHD/ANTI-NARCOLEPSY/ANTI-OBESITY/ANOREXIANTS

- ADHD AGENT - SELECTIVE ALPHA ADRENERGIC AGONISTS
- ADHD AGENT - SELECTIVE NOREPINEPHRINE REUPTAKE INHIBITOR
- ADHD/ANTI-NARCOLEPSY/ANTI-OBESITY/ANOREXIANTS
- AMPHETAMINE MIXTURES
- AMPHETAMINES
- ANALECTIC COMBINATIONS
- ANALECTICS
- ANOREXIANT COMBINATIONS
- ANOREXIANTS NON-AMPHETAMINE
- ANTI-OBESITY - GLP-1 RECEPTOR AGONISTS
- ANTI-OBESITY AGENT COMBINATIONS

Blue Rx Value PlusSM

Welcome

We cover both brand name drugs and generic drugs. Generic drugs have the same active-ingredient formula as a brand name drug. Generic drugs usually cost less than brand name drugs and are rated by the Food and Drug Administration (FDA) to be as safe and effective as brand name drugs. Members may not pay more for a prescription when a brand name product is dispensed.

What is a Drug List?

A formulary drug list is a list of drugs covered under your pharmacy benefit and developed to serve as a guide for physicians, pharmacists, healthcare professionals and members in the selection of cost-effective drug therapy. The formulary does not define benefit coverage and limitations. Many members have specific benefit inclusions, exclusions, copayments or a lack of coverage, which are not reflected in the formulary. Members should contact their Plan Sponsor or Wellmark Customer Service at the number on the back of their ID card if they have questions regarding their coverage.

	Tier Designation		
	Tier 1	Tier 2	Tier 3
Blue Rx Value Plus 3 Tier	Tier 1	Tier 2	Tier 3
Blue Rx Value Plus 2 Tier	Tier 1	Tier 2 and Tier 3 combined	
Blue Rx Value Plus 1 Tier	Tier 1, Tier 2, and Tier 3 combined		

Printable Files **Legend**

TIERING

- T1 - TIER 1
- T3 - TIER 3
- SP-NP - SPECIALTY NON-PREFERRED
- P&T - NOT COVERED AWAITING P&T REVIEW
- NF - Non-Formulary

- T2 - TIER 2
- SP-P - SPECIALTY PREFERRED
- RK-DME - PHARMACY DURABLE MEDICAL EQUIPMENT
- SP-M - SPECIALTY MEDICAL

EDITS

- QL - Quantity Limit
- AL - Age Limit
- S - Specialty Drug
- QLV - Quantity Limit (Varies)
- PAV - Prior Authorization Varies
- PA - Prior Authorization
- SDG - Specialty Biosimilars and Specialty Generics
- MN-PA - Medically Necessary Prior Authorization
- PA-QL - Post-Quantity Limit Prior Authorization
- PV - Preventive

Brand Names generic names

Formulary Id: 2472 ver. 1
Last Updated: Oct 9, 2023

© 2021 Wellmark Inc. All rights reserved. Wellmark Blue Cross and Blue Shield of Iowa, Wellmark Health Plan of Iowa, Inc., and Wellmark Blue Cross and Blue Shield of South Dakota are independent licensees of the Blue Cross and Blue Shield Association. [PRIVACY & LEGAL](#)

Cook Privacy Terms




Changes

Prescriptions, Pharmacy Coverage | Blue Rx Value PlusSM | My Apps Dashboard | State of Iowa | State of Iowa - Sign In | Top 50 Prescription Drugs and |

wellmark.adaptivem.com/webSearch/index?key=8F02B26A288102C278AC82D14C006C6FC54D48F80409B682A96D6A826A242AA

OCIO | Delta Dental of Iowa | DAS Intranet | Homepage | Works... | Wellmark Blue Cros... | Workday IowaDot... | Control Center : Vol... | Getting things done | Calculator: Add to... | Current Home - Wo... | Welcome to online... | Login to everything | All Bookmarks



Drug Name Search

Enter a drug name to begin

ATORVASTATIN CALCIUM

By Therapeutic Class

Please select a therapy subclass to continue

A

ADHD/ANTI-NARCOLEPSY/ANTI-OBESITY/ANOREXIANTS

- ADHD AGENT - SELECTIVE ALPHA ADRENERGIC AGONISTS
- ADHD AGENT - SELECTIVE NOREPINEPHRINE REUPTAKE INHIBITOR
- ADHD/ANTI-NARCOLEPSY/ANTI-OBESITY/ANOREXIANTS
- AMPHETAMINE MIXTURES
- AMPHETAMINES
- ANALEPTIC COMBINATIONS
- ANALEPTICS
- ANOREXIANT COMBINATIONS
- ANOREXIANTS NON-AMPHETAMINE
- ANTI-OBESITY - GLP-1 RECEPTOR AGONISTS
- ANTI-OBESITY AGENT COMBINATIONS

Drug Details START OVER

ANTIHYPERLIPIDEMICS > HMG COA REDUCTASE INHIBITORS

DRUG NAME	TIER	EDITS	ALTERNATIVES	DETAILS
atorvastatin calcium 10 mg tab	T1	PV Preventive	Find Alternative Drugs	🔍
atorvastatin calcium 20 mg tab	T1	PV Preventive	Find Alternative Drugs	🔍
atorvastatin calcium 40 mg tab	T1	PV Preventive	Find Alternative Drugs	🔍
atorvastatin calcium 80 mg tab	T1	PV Preventive	Find Alternative Drugs	🔍

TIER
EDITS

Legend

TIERING

- T1 - TIER 1
- T2 - TIER 2
- T3 - TIER 3
- SP-P - SPECIALTY NON-PREFERRED
- SP-M - SPECIALTY MEDICAL
- SP-NP - SPECIALTY DURABLE MEDICAL EQUIPMENT
- P&T - NOT COVERED AWAITING P&T REVIEW
- NF - Non-Formulary


EDITS

- Q - Quantity Limit
- AL - Age Limit
- S - Specialty Drug
- QV - Quantity Limit (Varies)
- PA - Prior Authorization
- PAV - Prior Authorization Varies
- PA - Prior Authorization
- SBG - Specialty Biosimilars and Specialty Generics
- MA-PA - Medically Necessary Prior Authorization
- PA-Q - Post-Quantity Limit Prior Authorization
- PV - Preventive

Brand Names generic names

Formulary Id: 2472 ver. 1
Last Updated: Oct 9, 2023

© 2021 Wellmark Inc. All rights reserved. Wellmark Blue Cross and Blue Shield of Iowa, Wellmark Health Plan of Iowa, Inc., and Wellmark Blue Cross and Blue Shield of South Dakota are independent licensees of the Blue Cross and Blue Shield Association. [PRIVACY & LEGAL](#)

 [Privacy](#) - [Terms](#)





**Department of
Administrative Services**

*Empowering People
Collaboration
Customer Service*

RETIREE OPTIONS

Retiree Options

- Options for Retirees prior to Medicare
- Options for Retirees who are Medicare eligible
- Group MedicareBlue Rx



Options for Retirees prior to Medicare

Iowa Choice – Single or Family Coverage

National Choice – Single or Family Coverage

Options for Medicare-Eligible Retirees

Dependents not Medicare eligible

- Iowa Choice – Single or Family
Group MedicareBlue Rx for reduced premium
- National Choice – Single or Family
Group MedicareBlue Rx for reduced premium

Options for Retirees who are Medicare Eligible

Dependents also Medicare eligible

- Iowa Choice – Single or Family
Group MedicareBlue Rx for reduced premium
- National Choice – Single or Family
Group MedicareBlue Rx for reduced premium
- Group Program F – Single plan only
- Group Program N – Single plan only



**Department of
Administrative Services**

*Empowering People
Collaboration
Customer Service*

PREMIUMS

Dental Insurance

2024 Monthly Premium	Single \$36	Family \$92
-----------------------------	-----------------------	-----------------------

No benefit changes

Every year

- Change coverage level to single or family
- Add or remove eligible family members from your coverage

Can continue dental without health insurance

Premiums – Not Medicare eligible

For those Retirees or dependents who are not Medicare eligible and paying the full premium.

Plan	Monthly Premium
Iowa Choice	
Single	\$879.00
Family	\$2,059.00
National Choice	
Single	\$966.00
Family	\$2,261.00

Premiums

For SLIP Retirees with no dependents who are Medicare eligible

Plan	Monthly Premium	SLIP Contribution	Retiree Share
Iowa Choice			
Single	\$879.00	\$818.00	\$61.00
Family	\$2,059.00	\$1,854.00	\$205.00
National Choice			
Single	\$966.00	\$818.00	\$148.00
Family	\$2,261.00	\$1,854.00	\$407.00

Premiums

For SLIP Retirees with dependents eligible for Medicare

Plan	Monthly Premium	SLIP Contribution	Retiree Share	Medicare Blue RX
Iowa Choice				
Dependent enrolled in Medicare Blue Rx	\$1,189.00	\$1,189.00	\$0	\$105.50
Dependent NOT enrolled in MedicareBlue Rx	\$2,065.00	\$1,854.00	\$211.00	\$0
National Choice				
Dependent enrolled in Medicare Blue Rx	\$1,305.00	\$1,305.00	\$0	\$105.50
Dependent NOT enrolled in MedicareBlue Rx	\$2,272.00	\$1,854.00	\$418.00	\$0

Premiums

For Retirees and/or dependents who are Medicare eligible

Plan	With MedicareBlue RX	Without MedicareBlue Rx	MedicareBlue RX
Iowa Choice			
Single	\$469.00	\$973.00	\$105.50
Family	\$1,189.00	\$2,065.00	\$105.50
National Choice			
Single	\$515.00	\$1,071.00	\$105.50
Family	\$1,305.00	\$2,272.00	\$105.50

Premiums

For Medicare Eligible Retirees and Dependents only

Program F	Program N
\$297.10	\$195.70

- Both can enroll in Program F
or
- Both can enroll in Program N
or
- One enroll in Program F and the other enroll in Program N

Premiums

Group MedicareBlue Rx (\$5/\$10/20%/45%/33%) plan
(referred to as Group MedicareBlue Rx)

2024 Premium	\$105.50
---------------------	----------



**Department of
Administrative Services**

*Empowering People
Collaboration
Customer Service*

RESOURCES

Resources - Applications

Your 2023 Health Plan	Your 2024 Retiree Health Care Options			
	Iowa Choice	National Choice	Program F	Program N
Iowa Choice	No action	New application	New application	New application
National Choice	New application	No action	New application	New application
Program F	New application	New application	No action	New application
Program N	New application	New application	New application	No action

Important Note: If you are not making any changes you do not need to do anything; your current choices will roll over to 2024.

Resources - Applications

- DAS 2024 Retiree Enrollment and Change webpage at:
<https://das.iowa.gov/human-resources/employee-and-retiree-benefits/2024-retiree-enrollment-and-change-period>
- Email stateretirees@iowa.gov
- State of Iowa Retiree Benefits – 866-895-2464
- Wellmark Customer Service – 800-622-0043

****If you are not making any changes you do not need to do anything, your current choices will roll over to 2024.****



**Department of
Administrative Services**

*Empowering People
Collaboration
Customer Service*

CONTACTS

Resources - Contacts

Additional Questions?

- **Wellmark, Blue Cross Blue Shield of Iowa – Customer Service: 800-622-0043**
- **Senior Health Insurance Information Program (SHIIP)**
For assistance, call 800-351-4664, email shiip@iid.iowa.gov, or visit the website at www.shiip.iowa.gov.

Resources - Contacts

Contact Information - Continued

**Department of Administrative Services – Human Resources
Enterprise**

stateretirees@iowa.gov 866-895-2464

MedicareBlue Rx – Customer Service
877-838-3827





**Department of
Administrative Services**

*Empowering People
Collaboration
Customer Service*

THINGS TO REMEMBER

Things to remember

Retirees send their application (except SPOC)

Mail: Iowa Dept. of Administrative Services
Human Resources Enterprise

Hoover Bldg. - Level A

1305 E Walnut Street

Des Moines, IA 50319

Email: stateretirees@iowa.gov or
susan.piel@iowa.gov

Fax: 515-242-6450



Question and Answer Sessions

If you still have questions, you are invited to attend any one of these **online question and answer sessions** You may choose to join through the Google link or on your smartphone. No pre-registration is needed.

- **October 30, 2023, 1:00-2:00 p.m.** <https://meet.google.com/hsa-dkga-vzs> or
Join by phone (US) +1 405-352-8125 PIN: 840 960 275#
- **November 9, 2023, 9:00-10:00 a.m.** <https://meet.google.com/uby-pijj-mah> or
Join by phone (US) +1 718-638-1612 PIN: 288 733 143#
- **November 14, 2023, 2:00-3:00 p.m.** <https://meet.google.com/nrt-cgno-vsx> OR
Join by phone (US) +1 225-713-1020 PIN: 344 994 273#
- **November 20, 2023, 10:00-11:00 a.m.** <https://meet.google.com/qfp-mnfa-fai> or
Join by phone (US) +1 904-580-6202 PIN: 484 482 381#
- **November 29, 2023, 1:00-2:00 p.m.** <https://meet.google.com/rxn-hjqs-bvs>OR
Join by phone (US) +1 513-818-1660 PIN: 489 904 512#
- **December 5, 2023, 10:00-11:00 a.m.** <https://meet.google.com/rzx-navc-qxy> or
Join by phone(US) +1 646-653-4691 PIN: 908 419 134