

IOWA DEPARTMENT OF ADMINISTRATIVE SERVICES ▼
HUMAN RESOURCES ENTERPRISE
THERAPEUTIC TECHNICIAN

DEFINITION

Under immediate supervision, assists the therapeutic dietitian in preparing special and modified diets; performs related work as required.

The Work Examples and Competencies listed are for illustrative purposes only and not intended to be the primary basis for position classification decisions.

WORK EXAMPLES

Files and maintains diet prescriptions by doctors and nursing personnel under supervision.

Prepares and types daily menus for special diets and charts quantities required.

Effects changes in prescribed diets as authorized.

Writes modified and therapeutic diets according to established patterns and a simplified diet manual; checks modified diet trays for accuracy.

Requisitions supplies, groceries, and equipment.

Instructs and provides consultation in food service activities.

Coordinates the functions of the therapeutic area in the absence of the supervisor.

COMPETENCIES REQUIRED

Knowledge of the basic principles of nutrition and food values.

Knowledge of the terminology used by the medical staff in diet prescriptions.

Ability to type, file, and maintain moderately complex dietary records.

Displays high standards of ethical conduct. Exhibits honesty and integrity. Refrains from theft-related, dishonest or unethical behavior.

Works and communicates with internal and external clients and customers to meet their needs in a polite, courteous, and cooperative manner. Committed to quality service.

Displays a high level of initiative, effort and commitment towards completing assignments efficiently. Works with minimal supervision. Demonstrates responsible behavior and attention to detail.

Responds appropriately to supervision. Makes an effort to follow policy and cooperate with supervisors.

Aligns behavior with the needs, priorities and goals of the organization.

Encourages and facilitates cooperation, pride, trust, and group identity. Fosters commitment and team spirit.

Expresses information to individuals or groups effectively, taking into account the audience and nature of the information. Listens to others and responds appropriately.

EDUCATION, EXPERIENCE, AND SPECIAL REQUIREMENTS

Two years of journey level food preparation experience in cooking, baking, ingredient preparation or work comparable in score and level to that indicated above in a commercial, military, or institutional setting;

OR

any equivalent combination of education and experience substituting college work in dietetics, nutrition, or food management, or a closely related field for the required experience on a year-for-year basis up to a maximum of two years;

OR

eighteen months of experience in the state classified service as a Cook 1, Baker 1, Ingredient Room Worker 1 shall be considered as qualifying.

Effective Date: 9/28/79 EJ