

2026 Retiree Open Enrollment Q & A Sessions Schedule

A pre-recorded Open Enrollment presentation is located on the DAS website at: https://das.iowa.gov/retiree-open-enrollment

If you still have questions after viewing the presentation, you are invited to attend any one of these **online question and answer sessions**. You may choose to join through the Google link or on your smartphone. No pre-registration is needed.

Retiree Question and Answer Sessions

Thursday, October 30, 2025 · 1:00 – 2:00pm

Video call link: https://meet.google.com/nyx-kvno-omr

Or dial: (US) +1 402-623-0279 PIN: 847 181 621#

More phone numbers: https://tel.meet/nyx-kvno-omr?pin=6689997815815

Wednesday, November 12, 2025 · 2:00 - 3:00pm

Video call link: https://meet.google.com/pev-ixrk-nyy
Or dial: (US) +1 347-508-2074 PIN: 298 593 843#

More phone numbers: https://tel.meet/pev-ixrk-nyy?pin=3338914027059

Wednesday, November 19, 2025 · 10:00 – 11:00am

Video call link: https://meet.google.com/xne-iuuv-hzt Or dial: (US) +1 443-671-8803 PIN: 542 895 920#

More phone numbers: https://tel.meet/xne-iuuv-hzt?pin=8349322715563

Tuesday, November 25, 2025 · 1:00 – 2:00pm

Video call link: https://meet.google.com/sxg-nmxt-piu
Or dial: (US) +1 740-952-0005 PIN: 880 510 700#

More phone numbers: https://tel.meet/sxg-nmxt-piu?pin=1459452423511